

7BR

PTSD IN THE WORKPLACE

Date: Tuesday 7 February 2023

Time: 5.45PM - 7.45PM

Location: 7 Bedford Row, London WC1R 4BS

CHAired BY PATRICIA LEONARD



MR JAY JAYAMOHAN
Paediatric Neurosurgeon



DR LAURA COOK
Social work Lecturer



LEONA O'NEILL
Journalism Lecturer



MARYAM SYED
Barrister, 7BR



KRISTOPHER BLAMIRES
Digital Criminal Justice Lead



PROF JONATHAN BIRD
Neuropsychiatrist



LIAM RYAN
Barrister, 7BR



PATRICIA LEONARD
Barrister, 7BR

If you'd like to attend this hybrid event, please send an email to Christianah at RSVP@7br.co.uk with your full name, job title and organisation, including if you'd like to join in-person or remotely.

#WeAre7BR

SPEAKERS:

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- **Mr Jay Jayamohan (Paediatric Neurosurgeon)**

Mr Jayaratnam (Jay) Jayamohan is a Consultant Paediatric Neurosurgeon based at the John Radcliffe Hospital with a private practice at Nuffield Health Oxford, The Manor Hospital. Jay qualified in 1995 at St Mary's Hospital Medical, London, and trained in neurosurgery at The Atkinson Morley Hospital, London, and the Institute for Neurological Sciences, Glasgow. He then spent a year as the Rittersporn Visiting Fellow in pediatric neurosurgery at the Sick Children's Hospital, Toronto. He's fully trained in both adult and pediatric neurosurgery but now spends his clinical time concentrating on the care of children and young people with neurosurgical conditions.

- **Dr Laura Cook (Lecturer in the School of Social Work)**

Dr Laura Cook is a Lecturer in the School of Social Work. She teaches the qualifying and CPD programmes within the school. Her research focuses on decision-making and the concept of professional judgment in social work. She is particularly interested in the role of emotion and intuition in social workers' assessment of risk.

- **Leona O'Neill (Lecturer in Journalism)**

Leona O'Neill has been a Journalist in Northern Ireland for over 20 years working for the likes of the Belfast Telegraph, Irish News, and Vice among many others. In 2019 she was beside fellow journalist Lyra McKee when she was shot dead during a riot in Derry's Creggan Estate. That traumatic experience and the intimidation and harassment she experienced afterwards left her with PTSD. She co-edited the book 'Breaking: Trauma in the Newsroom' with the BBC's Chris Lindsay. The successful book brought together journalists and media workers who broke the news and for whom the news broke them.

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- **Maryam Syed (Barrister, 7BR)**

Maryam Syed is a highly regarded criminal and family practitioner, heavily experienced in dealing with serious high-profile cases, with a keen interest in International Human Rights Law. She specialises in Homicide, Serious Organised Crime, and Serious Sexual Offences. From defending in the Jill Dando Murder to prosecuting an RAF Squadron Leader for sexual abuse of boys, to defending a UKIP Councillor in fraud, to Prosecuting a Bishop of a Large Church for Sexual Offences, Maryam has dealt with a wealth of such complex and notorious cases. She particularly specialises in cases with vulnerable witnesses and defendants.

- **Kristopher Blamires (Detective Inspector - Digital Criminal Justice Lead, Metropolitan Police)**

Kristopher Blamires is a highly skilled results-oriented leader with over 20 years' experience in complex international investigations and risk management. He's a family liaison officer, a mental health Blue Light champion, as well as a fellow of the chartered management institute. His diverse and varied career demonstrates a history of outstanding performance and the ability to see opportunities in threats and challenges. He's a confident critical incident decision maker as well as a problem solver who drives organisational projects. He's also an excellent communicator and regular speaker forging strong collaborative global networks within government, cyber security, financial services and law enforcement agencies.

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- **Prof Jonathan Bird, BSc, MB, ChB, MRCPsych, FRCPsych (Consultant Neuropsychiatrist)**

Professor Jonathan Bird originally read medicine at the University of Bristol, where he achieved the Prize for Physiology and did his junior training in the region. He went on to the Maudsley Hospital for his higher training, winning the prestigious Gaskell medal of the Royal College of Psychiatrists. Jonathan then worked as Clinical fellow at McMaster and was exposed to many of their revolutionary teaching approaches before returning to the Maudsley and then completing the circle with a return to Bristol to take up a consultant post at Burden Centre for Neuropsychiatry, Neuropsychology and Epileptology, Frenchay Hospital, Bristol. He has been active throughout his consultant career in Epilepsy Action and served as Chairman of their Professional Advisory Panel. Jonathan has a private Medico-Legal Practice in the fields of Brain Injury, PTSD, Epilepsy, Mental Capacity, Sleep Disorders, Psychiatric Effects of Physical Injury and all other aspects of Neuropsychiatry.

- **Liam Ryan (Barrister, 7BR)**

Liam has a busy Multitrack personal injury practice and has developed a particular specialism in the field of stress at work, a niche area in which he continues to develop as a noted practitioner. He has been ranked in the legal directories for several years and was described in the 2023 editions of Chambers and Partners and the Legal 500 as having “an encyclopaedic knowledge of stress law”, being “thorough and well prepared” and possessing an “exceptional knowledge of psychiatric injury claims”. He is frequently involved in stress at work claims from an early advisory stage through to the conclusion of the litigation process. He is sought out for matters relating to novel points of law, causation, and difficult fact sensitive matters. He is also the sole author of both editions of “a practical guide to psychiatric injuries” as well as numerous articles. He regularly speaks on issues associated with stress at work claims. He also provides lectures on the subject and is involved in a number of charities seeking to promote awareness of the issue, and to improve the accessibility to justice for Claimants.

SPEAKERS:

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- **Patricia Leonard (Barrister, 7BR) - Chair**

Patricia Leonard regularly advises on complex and high value matters. She has acted in two of the largest group actions in the UK and has appeared in the Court of Appeal and the Supreme Court. Patricia is astute and conscientious, with a keen eye for detail. Her clinical negligence practice focuses claims involving life changing injuries. She has been instructed in serious birth injuries, brain injuries, spinal injuries, amputations, late diagnosis of cancer and organ failure cases. She also practices more widely across the personal injury field and has particular expertise in chronic pain, brain injury claims and historic abuse claims. She sits on the Lambeth Redress Scheme Appeal Panel chaired by Sir John Goldring.