



Nia Frobisher
Year of Call: 2016

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What drew you to the bar?

I've always been interested in the law and the way it touches upon every aspect of day to day life. I volunteered when I was younger at various charities and saw first hand the importance of advocating on behalf of those who are less able to do so themselves. As a barrister you are often helping people through what can be the most difficult time in their life; being able to support and advocate for someone at that time was always something I aspired to.

It is also a career that I thought would be varied and challenging and allow me to meet and work with people from all walks of life. Beyond that, I am a driven and competitive person, who enjoys a good debate (characteristics common to most barristers!), so life at the bar seemed like a good career path.

What do you enjoy most about being a member of 7BR?

7BR is a really friendly and collegiate set. There is a wealth of experience and expertise in chambers and the open door policy of members means that people are happy to share their knowledge. It is also a truly mixed set, which is less common these days. This certainly keeps the work varied and your mind agile.

Do you think your lockdown experience will change the way you work going forward?

Without a doubt. I think a lot more interim hearings and submission only matters will be dealt with remotely. There has been a shift towards paperless working far quicker than I think would have happened otherwise. This is obviously great for the environment, but I will miss the pink ribbon on briefs.

Thank you for listening to Nia's podcast, if you would like to discuss any of the issues raised in further detail please contact Eleanor De on ede@7br.co.uk