



Vittoria Trigilio
Year of Call: 2013

To view Vittoria's profile, click [here](#).

What drew you to the Criminal bar?

Cheesy as it sounds, I wanted to play a part in the criminal justice system and do my best to ensure that fairness was upheld. A few years on, I have a defence practice and despite the sometimes unglamorous realities of life at the Bar, there is no better feeling that securing a right and fair result for a client.

What do you enjoy most about being a member of 7BR?

Although my own practice is highly specialised, it's great to be part of a multi-disciplinary set - exposure to different practice areas broadens my perspective and helps me think outside the box, especially in cases which involve complex medical evidence. I'm also fortunate to have some wonderful friends in Chambers!

What have you learnt about yourself recently?

I've been reminded of the importance of constantly challenging myself, especially when it feels uncomfortable, and not to take anything for granted.

Thank you for listening to Maryam and Vittoria's podcast, if you would like to discuss any of the issues raised in further detail please contact Eleanor De on ede@7br.co.uk